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scientists and eggheads, with an unflinching devotion to getting the conceptual and scientific underpinnings right. This they largely did, but at times at the cost of intelligibility for the lay clinician.

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unfamiliar with psychological lingo, ACT Made Simple is a must. Russ Harris has succeeded in the challenge of translating difficult psychological concepts embedded in ACT into plain, colorful, diverse language that anyone

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for Persons with Disabilities (PWDs), in
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Mr David Anyaele, the Executive Director
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